

OREGON CITY GRIDIRON CLUB



Supporting Oregon City High School Pioneer Football

PO Box 932

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www.ocgridironfootball.com

Featured Speaker of the Month

OCHS Team Physician
Doctor Mario Seyer

OCHS Gym - April 6, 2010

7:00 PM

Presentation on concussions

to include:

- What is a concussion?
- What are the long term affects?
- Does anyone know when they have one?
 - What is the best treatment?
- How long does a minor one last?